



# Tools For Action

A sample of physical education initiatives in Wisconsin

## RAP and RUN

### Contact Information

<b>Main Contact Person</b>
Chuck Heurkens
<b>Title of Main Contact</b>
Elementary Physical Education teacher
<b>School Name</b>
Edison/Ferber Elementary
<b>School District Name</b>
Appleton Area School district
<b>Contact Phone Number</b>
920-832-6235
<b>Contact Email Address</b>
heurkenscharles@asd.k12.wi.us

### Program Information

<b>Program Name</b>
RAP and RUN
<b>Program Category</b>
Integration of PE class with academic classes
<b>Grade Level</b>
Elementary School (K-2); Elementary School (3-5)
<b>Assessment Method</b>

### Program Information

#### Products Developed or Materials Used:

#### Program Description:

Kids log their reading minutes each week and their activity minutes outside of the school day.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at [jon.hisgen@dpi.state.wi.us](mailto:jon.hisgen@dpi.state.wi.us)

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at [brian.weaver@dpi.state.wi.us](mailto:brian.weaver@dpi.state.wi.us)

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at: [Meineam@dhfs.state.wi.us](mailto:Meineam@dhfs.state.wi.us) (Amy Meinen, Nutrition Coordinator)

[Morgaig@dhfs.state.wi.us](mailto:Morgaig@dhfs.state.wi.us) (Jon Morgan, Physical Activity Coordinator)

[Pesikme@dhfs.state.wi.us](mailto:Pesikme@dhfs.state.wi.us) (Marv Pesik, Program and Grant Coordinator)